

MCS Basketball League Guidelines for 2018

Tryouts for the 2018 basketball season can start the week of September 4th. The first games will take place the week of October 8th. The tournaments will be held during the last week of November and the first week of December.

The schedule for this year is the same as last year. We just changed the home and away games. Each school will play each other once. We will again use the North Middle Athletic Association for our officials. They are a TSSAA organization. This will ensure all of our officials will have gone through the background check. Ken Melton is our contact. His contact information is 931 607-0909 kenmelton@ncboa.com.

All National Federation of High Schools and TSSAA rules will be enforced except when otherwise noted below:

JV Quarter

The girls JV quarter will start at 5:15 or when the visiting team can arrive. The JV quarter will be one ten minute running clock quarter. The clock will stop only during team time outs and official time outs and on dead ball situations during the last 30 seconds of play. Each team is awarded one 30 second time out and one full time out. A one and one situation will occur after the 5th team foul.

No 6th grader will be allowed to play in the JV quarter. No player who plays in the JV quarter is allowed to play more than two quarters in the varsity game. If a player enters the varsity game that is counted as a quarter played regardless of the amount of time played.

Varsity Game

The game will consist of four eight minute running clock quarters. Halftime will be five minutes. The clock will stop only during team and official time outs and on dead ball situations during the last 30 seconds of play in the first three quarters and the last minute in the fourth quarter.

A team will not be allowed to press if they are ten or more points ahead.

There will be a mercy rule. The scoreboard should never show a team getting beat by more than 20 points. A team may continue to score but the scoreboard will not show the points scored unless the other team scores. If a team is up by 20 or more points during the fourth quarter, the clock will run continuous except for free throws, time outs, officials' time outs and injury situations.

Practices

Practices are allowed three days a week for an hour and fifteen minutes per practice until the season starts. Once the season begins teams are allowed two practices per week. The practices shall take place between the hours of 5:00 p.m. and 7:30 p.m. on regular school days.

Miscellaneous

There should only be two coaches allowed to sit on the bench; the head coach and one assistant coach. There should be at least one administrator (principal and/or assistant principal) attend each home and away game. The administrator of the host school will be the game administrator and in charge of security, officials, etc.

Administrators at each school are responsible for the behavior of their fans, coaches and players. Any unruly behavior by fans can result in being asked to leave the gym and not allowed to return for that season. Unruly behavior by coaches or players can result in a suspension or dismissal from team.

There should be a police officer at all of the games. If there is not one, please let us know.

Cheerleading squads shall not perform stunts which administrators feel are unsafe for this age group and setting.

Once the tournament is completed for the season all teams/cheerleading squads shall cease to exist as part of the Murfreesboro City Schools. All activities after the season will not be sponsored by MCS.

Individuals who have or will receive a supplement from MCS as a coach shall not coach any students from the school in which they have or will serve as a coach in any tournaments during the off season. However, these individuals may conduct true open gyms and/or camps to teach the fundamentals and skills during the off season. Tryouts shall not occur until the date specified by the system athletic director.